

## Cat Treats: How Much is too Much?

Most cats love treats - sometimes too much! Some cats will get very demanding in their quest for more treats. Treats can be helpful when reinforcing positive behaviors such as taking medication, performing a wanted behavior, or introducing them to another cat. In general though, treats should consist of no more than 10% of a cat's diet. If your cat has existing weight issues or other medical problems, this amount should be less (or of a special kind of treat). Treats are usually fine, but do not let your cat overindulge in them as they often have little to no nutritional value and can lead to weight gain or treat addiction! (yes, this is a real problem).



U.S. POSTAGE  
PAID  
LAFAYETTE, IN  
PERMIT # 488  
ZIP CODE 47905

Estimated Vehicle Interior Air Temperature v. Elapsed Time

Elapsed time	Outside Air Temperature (F)					
	70	75	80	85	90	95
0 minutes	70	75	80	85	90	95
10 minutes	89	94	99	104	109	114
20 minutes	99	104	109	114	119	124
30 minutes	104	109	114	119	124	129
40 minutes	108	113	118	123	128	133
50 minutes	111	116	121	126	131	136
60 minutes	113	118	123	128	133	138
> 1 hour	115	120	125	130	135	140

Courtesy Jan Null, CCM, Department of Geosciences, San Francisco State University



## Car Caution

Don't forget with the rising temperatures, car trips can become dangerous. NEVER leave your pet unattended in a park car in the warmer months. Even with windows down and parked in the shade, inside temps can become dangerous within a few minutes.

Or Current Resident

## Summer Fruit Treats for Dogs

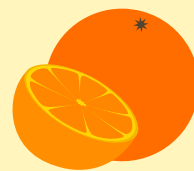
Fruits are abundant in the summer and can be wonderful treat options for your dog. Just keep in mind that "too much" of any treat, including fruit, can cause stomach upset, so please use these options in moderation. Most fruits can be given fresh, but here are some "cool" summer ideas.

\*Watermelon and Cantaloupe - seeds removed, can be frozen as chunks



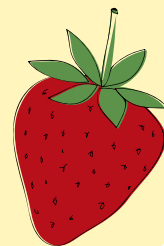
\*Strawberries - can freeze in a water bowl for a "flavored ice lick"

\*Peaches (NO PITTS!) - freeze slices or puree to make frozen cubes



\*Blueberries - freeze and give as "treats" or blend and create a "pupsicle"

\*Apples (No core or seeds) - make slices like French fries and freeze



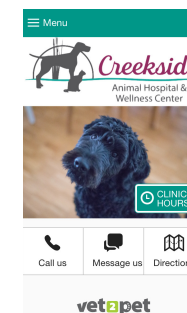
\*Oranges (NO peel or seeds) - use sparingly due to acidity - freeze slices

\*Bananas - freeze inch long sections for a super crunchy treat



## In this Issue

Heat Cautions  
Treat Ideas  
Bee Stings  
Water Safety Tips  
and much more!



creeksideah@gmail.com  
765-742-0140  
creeksideah.com

## Bee Stings

If your pet gets stung by a bee this summer, there are a few things you can do at home to make them feel more comfortable.

1. Remove the stinger. Don't use your fingers or tweezers. It is best to use the flat edge of an object (credit card, knife, long finger nail) and scrape it out of the skin.
2. Treat pain and swelling. Do not use any over the counter medications without consulting a veterinarian first. Use a cold compress to help reduce swelling, redness, and pain. Be sure to wrap cold object in a towel to prevent frostbite and do not leave the compress on for more than 20 minutes.



Although possible, the majority of stings do not result in severe allergic reactions. If you notice any other following signs, you should contact your veterinarian or emergency clinic immediately.



- Hives
- Pale Gums
- Lethargy
- Difficulty Breathing
- Vomiting
- Severe Swelling
- Collapse

**VETSOURCE™**

If your pet is (or you want them to be) on a product that we do not currently carry in hospital, let us know. We now have our own online pharmacy where we can order the product for you and have it shipped to your doorstep!

## Water Safety



Most dogs love water and swimming is a great way to encourage exercise. But with all activities, there are some dangers to monitor.



- Not all dogs are natural swimmers. Consider purchasing and using a pet specific flotation device, especially if you take your pet out on a boat.
- Even good swimmers get tired. A "pooped pooch" is more susceptible to drowning. Don't forget to keep an eye on your pet.
- Pools can be dangerous for pets as their often isn't an easy way for them to get out on their own. Make sure your pool is fenced in and supervise all swim sessions.
- Beaches and pools are fun! Salt water and Chlorine can cause some irritation to the GI and skin though. Be sure to not let your pet drink too much of the water. Rinse your pet off really well with fresh water once your day is done.
- Standing water can also be a concern. Puddles and ponds can be breeding ground for bacteria and algae that can cause serious illness. Do not let your pet play in or drink any standing water if the appearance or smell is abnormal.

## Heat Stroke



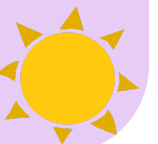
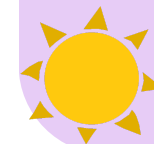
Heat stroke is a dangerous condition that happens when a pet's temperature rises too high. This is often seen in pets left in parked cars, but can be seen in any pet that is left outside on a hot summer day without shade, water, or other means to cool themselves.

Dogs regulate their body temperatures through panting, putting short nosed breeds such as Boxers, Bull dogs, and Bostons are at an increased risk as well since their anatomy doesn't always allow for adequate function.



Heat Stroke presents itself as excessive panting and salivation, bright red gums/tongue, collapse, or unconsciousness.

If you suspect Heat Stroke, first get the pet out of the heat. Then use room temp water to soak the feet and abdomen (less hairy part of the pet). DO NOT use cold water. This can cause shock and create even further complications. Then get the pet to your veterinarian. The elevated body temperature causes damage to the pets organs and the recovery of the pet is largely based on the severity of the temperature and the speed in which the temperature returns to normal.



## Bordetella and Influenza

Many fun summer activities have us leaving our furry family members in boarding facilities. Most "doggy hotels" have a vaccination requirement for "Kennel Cough" and the "Flu". If yours does not, we still recommend bringing your dog in for vaccines to prevent against these diseases.

Both of these are airborne respiratory illnesses spread from dog to dog, while the "flu" virus can also be carried on clothing or food bowls

### Did you know?

Grapes and raisins, as well as onions, garlic, and chives, are all extremely harmful foods for dogs and cats.

## Tick Prevention

We have already been pulling ticks off our patients this spring. If you have not had your pets on year round flea and tick prevention, you should do so immediately. Ticks carry a variety of diseases that can have long term detrimental effects on your pet. We carry several types of flea and tick combination preventions in clinic and can order others for you through our online pharmacy. Please contact us to discuss your pet's lifestyle to determine the best product for you. Also, remember that not all products are safe for your cats and dogs to share; make sure you are applying the appropriate prevention to your furry family member.

Additionally, consider adding the Lyme vaccine to your dog's annual protocol. This will help prevent Lyme disease as well as minimize flare ups of the disease if your dog is already testing positive.